

Steve Hoff, PsyD

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PROFESSIONAL SUMMARY

- Highly regarded professor of school psychology with experience developing a nationally accredited program, extensive field placement supervisory experience, and timely service to the College on COVID-19 pandemic-related topics
- Licensed private practitioner. Practice includes consultations with private and public schools
- Extensive clinical work and speaking engagements on the topic of self-injurious youth
- Areas of professional and personal interest include child and adolescent mental health, organizational consulting

EDUCATION

New York University **New York, NY**
Doctoral Degree (PsyD) in Child/School Psychology

City College of New York **New York, NY**
Master of Science in Education (with honors)
Advanced Certificate in School Psychology (with honors)

- Undergraduate adjunct teaching experience while completing degree

Baruch College **New York, NY**
Bachelor of Arts in Psychology (Cum Laude)

PROFESSIONAL LICENSES

- Commonwealth of Massachusetts Licensed Psychologist/Certified Health Service Provider
- New York State Licensed Psychologist
- Connecticut Licensed Psychologist
- New York City School Psychologist License

TEACHING EXPERIENCE

University of Connecticut **Storrs, CT**
Visiting Clinical Faculty, School Psychology program **August 2024-present**

- Full-time, visiting faculty member specializing in clinical education for school psychology master's and doctoral students
- Teaching courses in mental health interventions, counseling, consultation, and child/adolescent psychopathology

The College of Saint Rose **Albany, NY**
Professor of School Psychology **Sept. 2004 – May 2024**

- Full-time, tenured faculty member in the School Psychology Program within the Thelma P. Lally School of Education
The College of Saint Rose is the top trainer of teachers and administrators in New York State, granting more advanced certificates, bachelor's degrees, and master's degrees in the field of education than any other public or private college or university.
- Developed School Psychology program philosophy and curriculum, leading to national accreditation by the National Association of School Psychologists

- Directly supervised 14-16 students a semester in their field placements. Placements included public schools in urban, rural, and suburban settings throughout New York, and in several other states including Massachusetts, New Jersey, Connecticut, Florida, Arizona, and Colorado
- Participated in a wide range of college activities from the Middle States Accreditation Committee to sports coaching (see Service to College section)
- **Courses taught:** Child and Adolescent Psychopathology; Mental Health Interventions in Schools; Counseling Skills; Group Counseling; Advanced Fieldwork Seminars
- Student Provided Feedback includes:
 - SPY 503 Child & Adolescent Psychopathology:
 - *"I really appreciated Dr. Hoff using stories of his practice to further enhance our understanding of the information he presented"*
 - *"I particularly liked Dr Hoff's usage of canvas and his critical thinking assignments. I liked that I was able to ask him questions and share my thoughts and he would always answer me."*
 - *"Dr Hoff had a great, interesting course. I thoroughly enjoyed his readings, his courses, and his teaching ability."*
 - *"Dr. Hoff seemed to really enjoy teaching this course and it showed as I felt like I was engaged and interested."*
 - *Survey responses: "This course was intellectually challenging." Strongly Agree; "The instructor encouraged student participation." Strongly Agree*
 - SPY 530 Mental Health Interventions:
 - *"Amazing personality, willingness to listen and constantly being available to talk."*
 - *"Dr. Hoff created a positive and comfortable environment! It allowed everyone to feel comfortable to engage in discussion, and it only made the class much better!!"*
 - *Survey responses: "I gained an increased understanding of the subject through the course." Strongly Agree'; "The instructor graded according to clearly presented standards." Strongly Agree*

CLINICAL EXPERIENCE

Invivo Institute for Effective Communication, Inc

Feb. 2024 – Present

**Invivo Institute Research Foundation, Inc – Non-profit
Co-Founder**

Background:

Invivo Institute provides telehealth treatment and mental health support for clients with communication disorders.

- Invivo Institute for Effective Communication focuses on clinical services for clients of all ages, education and training for graduate students, and continuing education for professionals
- Invivo Institute Research Foundation is devoted to clinical research and scholarship to advance the field
- To treat the whole person, speech services are provided along with mental health strategies from cognitive behavioral therapy, mindfulness, and Acceptance Commitment Therapy
- Services are accessible to clients, regardless of geographical location through online telehealth services
- Therapy is provided by graduate student clinicians enrolled in educational programs across the country

**Barrington Psychology Inc. (Private Practice)
Licensed Psychologist**

**Great Barrington, MA
Sept. 2008 – Present**

- Founder of Barrington Psychology Inc., providing psychotherapy, training, and consultation to children, teens, adults, families, schools, agencies, and businesses
- Psychological and educational consultation to numerous private and public schools, primarily in New York and Massachusetts
- Patients are referred from a wide range of public and private schools in MA, NY, and CT
 - Schools include Berkshire School (MA), Indian Mountain School (CT)

- Districts include Berkshire Hills Regional School District and Lenox Public Schools (MA)

Valleyhead, Inc.

Lenox, MA

Clinical Director

Jan 1998 – Sept. 2004

Residential school for adolescent girls with significant emotional and learning needs

- Provided supervisory oversight of all clinical and mental health services (~50 staff members)
- Developed and implemented a team-based model of care and a relationship-based motivational system
- Developed a comprehensive staff training program
- Planned and implemented program expansion (increased from serving 35 to serving 60 students)
- Leader of therapy groups for girls with significant trauma issues

New York City Public Schools

Queens & Bronx, NY

School Psychologist

Nov. 1990 – Dec. 1997

PUBLICATIONS

- Hoff, S., & Unger, J. (2021). Ecological intervention for stuttering in school-age children: a collaborative approach for speech-language pathologists and school-based mental health providers. *Perspective*, 1-15.
https://doi.org/10.1044/2021_PERSP-21-00003
- Hoff, S. (2006, September). Internship, a rite of passage. *The Communiqué – Newspaper of the National Association of School Psychologists*. 35(1).
- Hoff, S. (2006, Winter). Internship, a rite of passage. *New York School Psychologist*. 24(2).
- Hoff, S., & Buchholz, E. (1996). School psychologist know thyself: Creativity and alone-time for adaptive professional coping. *Psychology in the Schools*. 33(4), 309-317.
- Hoff, S., & Buchholz, E. (1993). Multiple applications of psychodrama technique in schools: Past, present and future. (PC Reports 7-94-11) New York University, Psychoeducational Center.
- Hoff, S., & Wishner, J. (1994). Job stress among school psychologists of a large urban system: Rediscovering need theory to understand underlying factors. (PC Reports 7-95-12) New York University, Psychoeducational Center.
- Hoff, S., & Wishner, J. (1995, Summer). Job stress: Experience versus understanding. *The School Psychologist*, p. 8.

POSTER PRESENTATIONS

- Alaava, A., Jones, B., & Wade, K. & Hoff, S. March 2021. The impact of racial discrimination on the mental health and academic success of students of color.
 - Poster also accepted for National Association of School Psychologists (NASP) Virtual Poster Session, 2022-2023
 - Poster also presented at the Trainers of School Psychology Annual Conference – Virtual, March 2021
 - Poster also presented at the American Psychological Association Annual Conference - Virtual, Jan. 2021
- Egeter, A., Hunt, M., & Liguori, S. & Hoff, S. March 2021. COVID-19 effects on children with pre-existing mental health conditions. Poster presented at the Trainers of School Psychology Annual Conference – Virtual
- Lynch, L. & Hoff, S. October, 2020. Muscle dysmorphia in adolescent males. Poster presented at the New York Association of School Psychologists (NYASP) Annual Conference – Virtual
 - Poster also presented at the National Association of School Psychologists (NASP) Annual Convention – Virtual, February 2021

- Campagna, C., Uzzi, S., & Hoff, S. April 2019. The epidemic of school gun violence in America and best practice recommendations for teachers. Poster presented at the College of Saint Rose School of Education Annual Conference, Albany, New York
 - Poster also presented at the New York Association of School Psychologists (NYASP) Annual Conference, Syracuse, New York, October 2019
- Burton, E., Needham, E., & Hoff, S. April, 2019. The effects of immigration on cognitive and academic performance. Poster presented at the College of Saint Rose School of Education Annual Conference, Albany, New York
- Carroll, M., Horn, R., & Hoff, S. April 2019. Neuropsychology and adolescent risk-taking. Poster presented at the College of Saint Rose School of Education Annual Conference, Albany, New York
 - Poster also presented at New York Association of School Psychologists (NYASP) Annual Conference, Syracuse, New York, October 2019
- Unger, J., & Hoff, S. November, 2018. Ecological intervention for stuttering in school-age children: a collaborative approach for school psychologists and speech-language pathologists. Poster presented at the American Speech-Language-Hearing Association (ASHA) National Convention, Boston, Massachusetts
- Craft, A., Tierney, A., & Hoff, S. October, 2018. The role of nature-based practices in improving student mental health and cognitive functioning. Poster presented at the New York Association of School Psychologists (NYASP) Annual Conference, Lake Placid, New York
- Mitchell, S., & Hoff, S. May, 2018. LGBTQ+ students and the role of the school psychologist. Poster presented at the McGill Summer Institute for School Psychology, Montreal, Canada
 - Poster also presented at the New York Association of School Psychologists (NYASP) Annual Conference, Lake Placid, New York
- Cummings, K., & Hoff, S. May, 2018. Body dysmorphic disorder: Effective intervention and prevention strategies in the school setting. Poster presented at the McGill Summer Institute for School Psychology, Montreal, Canada
- Church, S., Lemieux, E. & Hoff, S. October, 2017. Autism Spectrum Disorder and Sports: Increasing social-communicative behavior through physical activity. Poster presented at the New York Association of School Psychologists' NYASP Annual Convention, White Plains, New York

SELECTED PROFESSIONAL PRESENTATIONS & INVITED SPEAKER ENGAGEMENTS (by topic)

Mental Health

- **Surviving the Mental Health Crisis: A Toolkit for Teachers**, Building the Teacher Pipeline Initiative, Professional Development Webinar, The College of Saint Rose, Albany, New York, February 2023
- **Taking Care of Our Students, Our Selves, and Each Other During the Pandemic**, Picotte Presidential Lecture in Higher Education Innovation & Leadership, The College of Saint Rose Albany, New York, February 2022
- **Coping with the Pandemic**, Keynote Presentation – Community Gathering, hosted by College President, The College of Saint Rose, Albany, New York, January 2022
- **Managing Student Anxiety**, Special Event for regional counselors, The College of Saint Rose, Albany, New York, December, 2021
- **Healthy Minds Campaign: Suicide Prevention Symposium – Panelist**, The College of Saint Rose, Albany, New York, April 2019
- **Mental Health Panel on Child Abuse**, The College of Saint Rose, sponsored by the New York Association of School Psychologists, Albany, New York, April 2015

Working with Self-Injurious Youth

- Federation of Nurses Professional Issues Conference, New York, New York, November, 2017
- Federation of Nurses Professional Issues Conference, New York, New York, November, 2016
- NYSUT Health Care Professionals Workshop, Albany, New York, April, 2015
- New York Association of School Psychologists Annual Convention, Albany, New York, October, 2014
- New York Association of School Psychologists Annual Convention, Niagara Falls, New York, October, 2012
- Rutland Special Education Professional Development Day, Rutland, Vermont, March, 2012
- New York Association of School Psychologists Annual Convention, Verona, New York, October 2011
- New York Association of School Psychologists Annual Convention, Bolton Landing, New York, November, 2010
- Waukegan Public School District 60, Waukegan, IL, March, 2009
- National Association of School Psychologists Annual Convention, Boston, MA, February, 2009
- New York City Public Schools Psychologist in Training Program, New York, New York, January 2009
- International School Psychology Association Colloquium Utrecht, Holland, July, 2008
- Bennington School, Bennington, Vermont, November, 2008
- Central Berkshire Regional School District, Dalton, Massachusetts, October, 2008
- Westchester County Department of Social Service White Plains, New York, October 2008
- Columbia County Department of Social Services, Hudson, New York, October, 2008
- MA Department of Mental Health, Worcester, Massachusetts, October, 2008
- International School Psychology Association Colloquium Tampere, Finland, July, 2007
- Berkshire Farm Center and Services for Youth, Canaan, New York, December, 2007
- Warren County Department of Social Services, Warren County, New York, December, 2007
- Coxsackie-Athens Central School District Superintendent's Day, Coxsackie, New York, March 2007
- Albany Medical Center, Albany, New York, September, 2006

Stuttering

- Mindfulness and Self-talk to Help Children and Adults Who Stutter – The Weekend Workshop for Effective Communication, The College of Saint Rose, Albany, New York, May 2019
- Ecological Approach to Treating Stuttering – The New York State Speech-Language-Hearing Association Annual Conference, Albany, New York, May 2019

Team Building

- Building TEAM, Berkshire Meadows Special Education Residential School, Housatonic, MA, June 2011
- Brightside Residential School for Children and Families Springfield, MA, March 2009
- Bay State Health Systems Regional Headquarters Springfield, MA, November 2008 and March, 2007

Media

- Love This Class – first graduate school professor to be featured in a video to promote graduate education at The College of Saint Rose – February, 2020 <https://www.youtube.com/watch?v=r8Ew1qbxMbw&t=6s>
- Suicide Postvention Expert speaker – WRCR radio: Lunchtime talk with Jeff and Kerrie – October, 2015

SERVICE TO THE COLLEGE OF SAINT ROSE

- Committee membership: Diversity Committee, Middle States Accreditation Committee
- Several search committees, including for school psychology professor and director of the Counseling Center
- Provided clinical supervision to two members of the Saint Rose Counseling Center who needed supervision for their mental health practitioner license
- Faculty sponsor of the Ultimate Frisbee Team

PROFESSIONAL ASSOCIATIONS

- National Association of School Psychologists
- New York Association of School Psychologists
- School Psychology Educator Council of New York State
- Trainers of School Psychologists

ELECTED POSITION, HONOR & AWARDS

- Secretary - School Psychology Educator Council of New York State, March 2005 through March 2007
- *The Dr. Robert L. Schwartz Memorial Award*. Presented by Dignity, Independence and Human Rights for Adults with Developmental Disabilities (DIHR), May 4th, 2006, at the Cotton Club, Harlem, NY
- Featured Faculty – Saint Rose Blog, September, 2018

COMMUNITY INVOLVEMENT (& RELATED LICENSES)

- USA Ultimate Certified Coach
- Coach of the Monument Mountain High School Ultimate Frisbee team, co-ed team
- Long time certified coach for Cal Ripken and Babe Ruth youth baseball, ages 8-16